1. You can fall from any height and be seriously injured or killed.
   a. True
   b. False

2. Which of the following are types of fall protection?
   a. Guardrails
   b. Safety nets
   c. Cover
   d. Personal fall arrest system
   e. All of the above

3. A body harness should be inspected before each use.
   a. True
   b. False

4. All lanyards are the same.
   a. True
   b. False

5. It is o.k. to use a lanyard again after a fall.
   a. True
   b. False

6. Snaphooks should only be connected to the D ring and anchor point.
   a. True
   b. False

7. A safety monitoring system is a way to prevent falls.
   a. True
   b. False

8. A competent person is a safety monitor of the job site and is a full time job.
   a. True
   b. False
9. Once you are trained in Fall Protection, you are certified for life.
   a. True
   b. False

10. If you have questions about fall protection or other safety concerns, who should you ask?
    a. A co-worker
    b. Your Supervisor
    c. OSHA
    d. None of the above
Answer Key

1. A
2. E
3. A
4. B
5. B
6. A
7. A
8. A
9. B
10. B